



Safety Measures for Open Gym

The following measures are being implemented given our commitment to safe practices and to comply with the mandates in Executive Order 05.12.20.02:

- A Sign will be placed at the entrance which states the following: “Do Not Enter if you have been diagnosed with COVID-19, had symptoms of COVID-19, or had contact with a person that has or is suspected to have COVID-19.” Compliance with this signage is mandatory. (05.12.20.02 Executive Order mandate)
- Signage will be placed at the entrance and throughout the facility to instruct patrons of the enhanced sanitation procedures, Social Distancing Requirements, and other instructions and limitations. (05.12.20.02 Executive Order mandate)
- All patrons will be screened at the entrance and prohibited entrance if they exhibit a temperature greater than 100.4 degrees Fahrenheit, cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, or new loss of taste or smell. (05.12.20.02 Executive Order mandate)
- No more than 10 people will be allowed in CrossFit Dunwoody at the same time. (05.12.20.02 Executive Order mandate)
- We will utilize contactless forms of check-in and limit touch points throughout the gym. (05.12.20.02 Executive Order mandate). Please adhere to the following:
 - No touching the TV/Computer Kiosk. You may sign in from your phone or the Coach present will sign you in. All scores for workouts will be entered by the Coach or from your phone.
 - Use of Whiteboards and Pens will be prohibited. Please bring your own.
 - Use of Belts and other commonly ‘shared’ accessory equipment will be prohibited.
 - The only equipment/accessories you will be allowed to use is that which you bring or is at your station or is provided by a Coach.
- Hand Sanitizer stations will be available. (05.12.20.02 Executive Order mandate)
- Each station will have its own sanitizing supplies. Athletes are required to wipe down each piece of equipment before and after each use. Coaches will ‘patrol’ patron areas to enforce the wipe-down policy and conduct additional cleanings during times when equipment is not being used. (05.12.20.02 Executive Order mandate)
- Social Distancing will be enforced and congregating between non-cohabiting persons will be prohibited. (05.12.20.02 Executive Order mandate)
 - We have taped off 8 socially distanced stations. Upon entering the gym, you will go to a station of your choosing and will only leave that station if/when you can maintain proper social distancing from others in the gym.
- Athletes will be encouraged to conduct their workout and exit the facility without unnecessary delay. (05.12.20.02 Executive Order mandate)
 - Each Open Gym Session will be 50 minutes long. Each Athlete will then have 10 minutes to properly sanitize their station and will be required to Exit the facility promptly.
- Due to social distancing requirements, no-one will be allowed in the gym who is not signed in to the Open Gym Session. This includes Children.
- Extra Cleaning
 - Our regular Sanitation and Cleaning Company, SoluSan, will be comprehensively cleaning the gym in the evening on Tuesday, Thursday, and Saturday.
 - Throughout the day, CFD Staff will regularly clean and sanitize high touch surfaces and bathrooms. (05.12.20.02 Executive Order mandate)
 - CFD Staff will also clean and sanitize the gym Monday through Friday between the morning and afternoon sessions, as well in the evening on Mondays and Wednesdays.